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CHEERLEADING: TECHNIQUE - TRAINING - SHOW (2ND)



Meyer & Meyer Sport (UK) Ltd. Paperback. Book Condition: new. BRAND NEW, Cheerleading: Technique - Training - Show (2nd), Miriam Lopez Hernandez de Alba, This book presents the basics of learning for potential cheerleaders and the basics of teaching for coaches and teachers. Cheerleading is not just dance, acrobatics, speachsong and spectacle; it is above all a team sport requiring a lot of hard work. But anyone who has been touched by the spirit finds it hard to give it...

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- Authored by Miriam Lopez Hernandez de Alba
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