



The Most Powerful Weight Loss Device Ever Made: The Human Brain

By Claude Viens

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Millions of people are struggling to find a way out of obesity without knowing they already own THE MOST POWERFUL WEIGHT LOSS DEVICE EVER MADE. This simple book written by a simple man explains how mastering our thoughts can influence our behavior, which is responsible for the way we are. Here is what readers are saying about this life changing book; You are about to embark on a roadmap to weight loss that will put you in the driver s seat once and for all. Claude s premise is that weight loss success starts from a mental angle before a physical one. I enjoyed that Viens included his own personal experiences and opinions from his own journey--it s much more motivating to me to know that someone has been in the same place I am and has been able to overcome it. Some call it the law of attraction and author Claude Viens has written a great book on these ideas as they apply to weight loss. It really is all in your...



Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

-- Dr. Sarai Fisher DDS

Absolutely essential go through publication. It is filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Sierra Lowe Sr.