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IRON DADS: MANAGING FAMILY, WORK, AND ENDURANCE SPORT IDENTITIES



Rutgers University Press, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Among the most difficult athletic events a person can attempt, the iron-distance triathlon - a 140.6 mile competition - requires an intense prerace training program. This preparation can be as much as twenty hours per week for a full year leading up to a race. In Iron Dads, Diana Tracy Cohen focuses on the pressures this...

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- Authored by Diana Tracy Cohen
- Released at 2016



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Reviews

This publication is great. It really is packed with knowledge and wisdom Your daily life period will probably be transform when you complete reading this article book.

-- **Wilford Metz**

This sort of book is every little thing and made me searching ahead and more. Sure, it is actually play, nonetheless an amazing and interesting literature. You wont feel monotony at whenever you want of the time (that's what catalogs are for relating to in the event you ask me).

-- **Gavin Bosco IV**

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