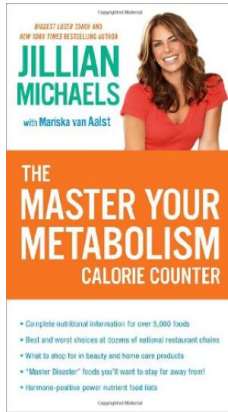


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- Authored by Jillian Michaels, Mariska Van Aalst
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